



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
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READY. SET.
SUMMER!

PENOBSCOT BAY YMCA
**SUMMER
CAMP**

2023 GUIDE

Penobscot Bay YMCA
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W: penbayymca.org • E: bblake@penbayymca.org

FIND YOUR
ADVENTURE!

- Discovery Camp
- Camp Wonder
- Snow Bowl Camp
- Adventure Camp

SUMMER CAMP KNOW BEFORE YOU GO!

Your child is in good hands.

We can't wait to welcome your child to enjoy summer as it should be...
fun, action-packed, and most of all, safe!

✦ What information is needed to register for Summer Camp?

- **Camp Registration Form, Payment/Cancelation/Change Agreement, Camp Waivers and Camp Payment Plan** (if not paying in full) must ALL be completed to register.
- **Immunization Records are due by May 31st.** You may print records from MyChart and bring to our Rockport branch or your child's doctor may fax records to the Y at 236.8458. If registering after May 31st, records must be provided at the time of registration.

All camp forms can be found online at www.penbayymca.org. Forms can be printed and dropped at the Rockport branch OR completed online and emailed to: bblake@penbayymca.org.

✦ Camp Day Activities Include:

- Swimming
- Hiking
- Arts & crafts
- Movies
- Various field games
- STEM projects
- Nutrition education
- And much more!

Please note: Activities may differ from camp to camp, and be location specific.

✦ Sickness Policy:

- Please keep your child home if they are sick (fever, vomiting, diarrhea, etc.)
- Before returning to camp after an illness, your child must be symptom free for 24 hours without medication

Keeping your child healthy: Talk with your child about washing hands, keeping hands away from mouth, nose and eyes and not sharing food or beverages.

✦ YMCA Bus

A bus is available to and from the Thomaston Municipal Building for a non-fundable charge of \$25 per week, per camper. The bus is a first-come, first-serve basis, seating will be limited. The bus departs at 8:45 AM and returns to the Thomaston Municipal Building by 4:30 PM. **To reserve your child's seat, please speak with Benjie Blake, 236.8201 or email bblake@penbayymca.org.**

Please note: The Y will follow all CDC Guidelines and Protocols.

✦ Financial Assistance

Did you know? Financial Assistance is another avenue provided by the Y to fulfill our mission of promoting youth development, healthy living and the social responsibility. **Y camps are accessible to everyone regardless of financial need and we are proud to say that no child is turned away.**

- **DHHS Assistance** - Department of Health and Human Services (DHHS) may provide financial assistance for all weeks of summer camp to qualifying families. For more information, visit www.maine.gov/mymaineconnections or call the Rockland office at 596.4200. If you are approved, please contact Meredith Gutheinz: mgutheinz@penbayymca.org or 236.3375 x 250, to provide a copy of the DHHS letter which shows the amount they will pay and what your parent fee will be.
- **Y Financial Assistance** - Applications are available at the Y or on our website at www.penbayymca.org. Once Y financial assistance is awarded, you will receive a letter in the mail. You are responsible for paying the remaining balance prior to the weeks of camp awarded.





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Penobscot Bay YMCA DISCOVERY CAMP

Ages 4-6

Please Note: Campers must meet Fall 2023 Kindergarten public school eligibility and be born before 10/15/18.

Discovery Camp is designed for first time campers! This all day camp is geared toward children who have completed or are eligible for Kindergarten. Your camper will be excited about new experiences while having the comfort of a consistent routine. Campers will participate in a variety of arts, crafts and games with weekly adventures to some favorite local spots.

WHAT IT'S ALL ABOUT:

- This all day camp runs from 9:00 AM – 4:00 PM.
- Before & After Care are available for this camp at the Penobscot Bay YMCA (*NEW LOCATION*) for an additional fee. If registered by May 31st, Before & After Care requires a 50% down payment. If registered after, Before & After Care must be paid in full.
- Before Care runs 7:30-9:00 AM.
- After Care runs 4:00-5:30 PM.
- Parents who do not participate in Before Care may drop off their campers at the Y between 9:00 – 9:15 AM.
- Discovery Camp kids are bused each morning at 9:15 AM from the Penobscot Bay YMCA to the Lincolnville Central School.
- Parents wishing to drop off their campers at LCS, may arrive after 9:30 AM.
- All campers must be checked in by Y Camp Staff.
- Campers who are not enrolled in After Care may be picked up at LCS by 3:30 PM.
- Campers will be bused from LCS to the Penobscot Bay YMCA and arrive at 4:00 PM for pickup or After Care.
- Weekly activities include art, indoor/outdoor games, reading and visits to local beaches and parks.
- Discovery Camp will enjoy local field trips on Wednesdays and Fridays to local parks, beaches, and other exciting adventures (if busing campers can be done safely, while following CDC protocols).



EVERY WEEK IS AN ADVENTURE!

HOME BASE LOCATION:

📍 Lincolnville Central School

SUMMER CAMP DATES:

- **Week 1: June 20 – June 23***
Please Note: Discover Camp Only
- **Week 2: June 26 – 30**
- **Week 3: July 3 – 7***
- **Week 4: July 10 – 14**
- **Week 5: July 17 – 21**
- **Week 6: July 24 – 28**
- **Week 7: July 31 – August 4**
- **Week 8: August 7 – 11**
- **Week 9: August 14 – 18**

*4-Day Week – Prorated Camp Rate

WEEKLY COST:

Members: \$195/week
Participants: \$245/week

- Before & After Care: \$40/week (for each)
- If registered by May 31st, Before & After Care requires a 50% down payment. If registered after, Before & After Care must be paid in full.
- Financial assistance is available. Please inquire at our front desk.
- Benjie Blake, Camp Director: 236.8201 or email: bblake@penbayymca.org



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Penobscot Bay YMCA SNOW BOWL CAMP

JUNIORS: AGES 7-8 • SENIORS: AGES 9-10

Please Note: Campers must be 7 years old at the start of their camp week.

Get ready for some fun this summer at **Snow Bowl Camp**, presented by the Penobscot Bay YMCA. Campers will experience traditional camp excitement with a cool new twist each week! Our staff are specifically trained to have fun with safety being their #1 priority. Every Camp Counselor is certified in First Aid, CPR & AED with several being Red Cross Certified Lifeguards. Our staff have also been trained in bullying prevention.

WHAT IT'S ALL ABOUT:

- This all day camp runs from 9:00 AM - 4:00 PM.
- Snow Bowl Camp runs Monday-Friday for kids ages 7-10.
- Before & After Care are available for this camp at the Snow Bowl for an additional fee. If registered by May 31st, Before & After Care requires a 50% down payment. If registered after, Before & After Care must be paid in full.
- Before Care runs from 7:30 - 9:00 AM.
- After Care runs from 4:00 - 5:30 PM.
- Parents who do not participate in Before Care may drop their campers off at 9:00 AM.
- All campers must be checked in by Y Camp Staff.
- Campers who are not enrolled in After Care should be picked up at the Snow Bowl by 4:00 PM.
- Campers enrolled After Care will stay at the Snow Bowl.
- Each week consists of swimming, field games, arts & crafts, nature hikes, STEM projects, canoeing and more!
- Campers wishing to swim without a personal floatation device (PFD) will be swim tested.
- Snow Bowl Camp will enjoy local field trips on Tuesdays and Thursdays to local parks, beaches, and exciting adventures (if busing campers can be done safely, while following CDC protocols).



EVERY WEEK IS AN ADVENTURE!

HOME BASE LOCATION:

📍 Camden Snow Bowl

SUMMER CAMP DATES:

- **Week 1: June 20 - June 23***
Please Note: Discover Camp Only
 - **Week 2: June 26 - 30**
 - **Week 3: July 3 - 7***
 - **Week 4: July 10 - 14**
 - **Week 5: July 17 - 21**
 - **Week 6: July 24 - 28**
 - **Week 7: July 31 - August 4**
 - **Week 8: August 7 - 11**
 - **Week 9: August 14 - 18**
- *4-Day Week - Prorated Camp Rate

WEEKLY COST:

Members: \$190/week

Participants: \$230/week

- Before & After Care: \$40/week (for each)
- If registered by May 31st, Before & After Care requires a 50% down payment. If registered after, Before & After Care must be paid in full.
- Financial assistance is available. Please inquire at our front desk.
- Benjie Blake, Camp Director: 236.8201 or email: bblake@penbayymca.org



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Penobscot Bay YMCA CAMP WONDER

Ages 7-10

Please Note: Campers must be 7 years old at the start of their camp week.

Come enjoy summer with **Camp Wonder** where campers make new friends and gain self-confidence! Each week campers enjoy activities such as sports, games, arts & crafts, reading, swimming and weekly field trips! Every Camp Counselor is certified in First Aid, CPR & AED with some being Red Cross Certified Lifeguards. Our staff have also been trained in bullying prevention. A low camper-to-staff ratio makes our camp a perfect choice for parents who need a fun, safe place for their children during summer break with safety being their #1 priority.

WHAT IT'S ALL ABOUT:

- This all day camp runs from 9:00 AM – 4:00 PM.
- Camp Wonder runs Monday-Friday for kids ages 7-10.
- The Home Base for Camp Wonder is at the Thomaston Municipal Building.
- Before & After Care are available for this camp at the Thomaston Municipal Building for an additional fee. If registered by May 31st, Before & After Care requires a 50% down payment. If registered after, Before & After Care must be paid in full.
- Before Care runs from 7:30 – 9:00 AM.
- After Care runs from 4:00 – 5:30 PM.
- All campers must be checked in by Y Camp Staff.
- Parents who do not participate in Before Care may drop their campers off at 9:00 AM.
- Campers enrolled in After Care will stay at the Thomaston Municipal Building.
- Campers who are not enrolled in After Care should be picked up at the Thomaston Municipal Building by 4:00 PM.
- Each week consists of art, indoor and outdoor games, reading, and many other fun activities.
- Camp Wonder will enjoy field trips on Tuesdays and Thursdays to local parks, beaches, and other exciting adventures (if busing campers can be done safely, while following CDC protocols).



EVERY WEEK IS AN ADVENTURE!

HOME BASE LOCATION:

- ☉ Thomaston Municipal Building

SUMMER CAMP DATES:

- **Week 1: June 20 – June 23***
Please Note: Discover Camp Only
- **Week 2: June 26 – 30**
- **Week 3: July 3 – 7***
- **Week 4: July 10 – 14**
- **Week 5: July 17 – 21**
- **Week 6: July 24 – 28**
- **Week 7: July 31 – August 4**
- **Week 8: August 7 – 11**
- **Week 9: August 14 – 18**

*4-Day Week – Prorated Camp Rate

WEEKLY COST:

Members: \$180/week

Participants: \$180/week

- Before & After Care: \$40/week (for each)
- If registered by May 31st, Before & After Care requires a 50% down payment. If registered after, Before & After Care must be paid in full.
- Financial assistance is available. Please inquire at our front desk.
- Benjie Blake, Camp Director: 236.8201 or email: bblake@penbayymca.org



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Penobscot Bay YMCA ADVENTURE CAMP

Ages 11-13

Our **Adventure Day Camp** is geared for pre-teens & teens who love spending time with their friends and are looking for some adventure this summer! This camp is designed to give campers a new and exciting experience beyond our traditional camp programs. Every Camp Counselor is certified in First Aid, CPR & AED with some being Red Cross Certified Lifeguards. Our staff have also been trained in bullying prevention. Every day, our campers will experience exploring the outdoors, hiking, boating, swimming, fishing, climbing and group challenges. These older youth will have all of fun of a summer camp in a more mature environment.

WHAT IT'S ALL ABOUT:

- This all day camp runs from 9:00 AM - 4:00 PM.
- Adventure Camp is Monday-Friday for kids ages 11-13.
- Before & After Care are available for this camp at the Snow Bowl for an additional fee. If registered by May 31st, Before & After Care requires a 50% down payment. If registered after, Before & After Care must be paid in full.
- Before Care runs from 7:30 - 9:00 AM.
- After Care runs from 4:00 - 5:30 PM.
- Parents who do not participate in Before Care may drop their campers off at 9:00 AM.
- All campers must be checked in by YMCA Camp Staff.
- Campers who are not enrolled in After Care should be picked up at the Snow Bowl by 4:00 PM.
- Campers enrolled in After Care will stay at the Snow Bowl.
- Each week consists of outdoor exploration, team building, climbing, fishing, hiking, swimming and ecological education.
- Adventure Campers will explore local parks, beaches, other exciting adventures throughout the week (if busing campers can be done safely, while following CDC protocols).



EVERY WEEK IS AN ADVENTURE!

HOME BASE LOCATION:
Camden Snow Bowl

SUMMER CAMP DATES:

- **Week 1: June 20 - June 23***
Please Note: Discover Camp Only
 - **Week 2: June 26 - 30**
 - **Week 3: July 3 - 7***
 - **Week 4: July 10 - 14**
 - **Week 5: July 17 - 21**
 - **Week 6: July 24 - 28**
 - **Week 7: July 31 - August 4**
 - **Week 8: August 7 - 11**
 - **Week 9: August 14 - 18**
- *4-Day Week - Prorated Camp Rate

WEEKLY COST:

Members: \$200/week
Participants: \$250/week

- Before & After Care: \$40/week (for each)
- If registered by May 31st, Before & After Care requires a 50% down payment. If registered after, Before & After Care must be paid in full.
- Financial assistance is available. Please inquire at our front desk.
- Benjie Blake, Camp Director: 236.8201 or email: bblake@penbayymca.org