



# BETTER TOGETHER

Penobscot Bay YMCA

2025 ANNUAL REPORT



# A LETTER FROM OUR CVO AND CEO

Dear Friends,

At the Y, we know our greatest impact happens when we come together to support one another. In 2025, we strengthened community connections, expanded programs for members, and created opportunities that reflect a simple truth: we are better together.

This year, we deepened our commitment across all ages. Our Active Older Adult programs, including free luncheons, book club, hiking outings, and an indoor walking challenge, brought people together with guidance from our new Advisory Council. We introduced new ways to connect and find wellness – from therapeutic art classes to family flow and pre- and postnatal yoga – and welcomed Megunticook Rowing as a new partner. In Aquatics, our growing Masters Swimming program keeps adults connected, while generous support from local donors and YUSA made a new free swim lesson program possible, ensuring local children gain lifesaving skills regardless of financial barriers. We also welcomed two inaugural Youth Board Members, bringing vital youth voices to our leadership.

Through partnerships with AIO, Hannaford Supermarkets, and Maine State Credit Union, we expanded access to food through free afterschool snacks, food pantries, and summer camp snack support, showing what's possible when a community cares for one another.

None of this work happens alone. Thank you for being part of our Y — and for showing, every day, that we are truly better together.

Warmly,



**Rebecca Babb-Brott**  
Chief Volunteer Officer



**Whitney Files**  
Chief Executive Officer





# BOARD OF DIRECTORS

The Penobscot Bay YMCA is governed by a volunteer Board of Directors who ensure that we are positioned to continuously serve our community and help individuals of all backgrounds to develop the skills and relationships they need to be healthy, confident, and connected.

**Rebecca Babb-Brott**  
Chief Volunteer Officer

**Brien Davis**  
Vice CVO

**Rebecca Albright**  
Secretary

**Wendy Jablow**  
Treasurer

**Henk Abess**  
**Annemarie Ahearn**  
**Mark Battista**  
**Tom Cochran**  
**Andrea Babb Conover**  
**Sherree Craig**  
**David Gogel**

**Jan Leth**  
**Chad MacDermid**  
**Ric McKittrick**  
**Jennifer Mirabile**  
**Graham Stoughton**  
**Ken Wexler**

# LEADERSHIP STAFF

**Whitney Files** - Chief Executive Officer  
**Meredith Gutheinz** - Sr. Director of Operations  
**John Robinson** - Sr. Director of Finance  
**Benjie Blake** - Director of Sports, Camping & After School  
**Jamie Lovley** - Director of Community Health Promotion  
**Jodi Maltese** - Director of Aquatics  
**Rebecca Born** - Director of Membership & Marketing  
**Heather Bailey** - Director of Child Care  
**Richard Gross** - Director of Facilities



**177**

**STAYED SAFE AND HAD  
FUN IN AFTER SCHOOL  
PROGRAMS**



**513**

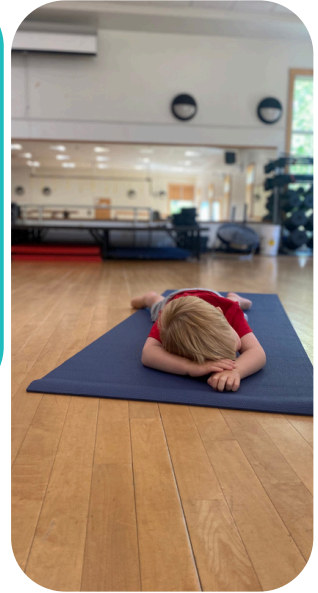
**YOUTH BUILT CONFIDENCE THROUGH  
SWIM LESSONS AND MADE A SPLASH  
COMPETING WITH THE  
SAILFISH SWIM TEAM**

**25 %**

**OF SUMMER  
CAMP AND CHILD  
CARE FAMILIES  
ACCESSED  
FINANCIAL  
ASSISTANCE**

**5,158**

**MEMBERS  
GREW  
STRONGER  
TOGETHER**



**474**

**RUNNERS,  
WALKERS &  
STROLLERS  
JOINED IN OUR  
TURKEY TROT 5K.  
GROWING BIGGER  
EVERY YEAR!**

**2,402 lbs**

**OF FREE  
FOOD & SNACKS  
DISTRIBUTED**

**\$277,390**

**RAISED THANKS  
TO THE KINDNESS  
OF OUR DONORS  
FOR THE ANNUAL  
SUPPORT  
CAMPAIGN**



**20**

CANCER SURVIVORS  
GREW BOTH  
STRENGTH AND  
COMMUNITY  
THROUGH OUR TWO  
LIVESTRONG  
SESSIONS



**1,284**

WEEKS OF SUMMER  
CAMP OFFERED TO  
**281**  
CHILDREN AT OUR  
FOUR LOCATIONS



**85**

FREE SWIM  
LESSONS  
PROVIDED TO  
YOUTH



**535**

PINTS OF BLOOD  
COLLECTED FROM  
DONORS AT  
21 BLOOD DRIVES



**11**

STUDENTS  
GRADUATED  
FROM OUR  
INAUGURAL  
ROCKLAND  
PUBLIC PRE-K  
PROGRAM



**43**

LIFEGUARDS  
EARNED  
CERTIFICATION  
IN OUR POOL

**311**

ADULTS AGE 55 OR BETTER  
JOINED OUR FREE AND  
LOW-COST ACTIVE OLDER  
ADULT PROGRAMS



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# MARGE JONES HONOR SOCIETY

Individuals recognized for their outstanding service to the YMCA.

- Frank Beane
- Jim Bowditch
- Andy Clement
- Andrea Babb Conover
- Joe Curll
- Bob Daigle
- Jill Delano
- Mike Devine
- Leslie Eaton
- Allen Fernald
- Susan Flynn
- Ed Hurlburt
- Marge Jones
- Ned Kyle
- Steve Mansfield
- Mike Pierce
- John Sherman
- Neale Sweet
- Nancy Watson Symington

# HERITAGE SOCIETY

Your legacy brightens our future. Your gifts sustain our efforts to build a lasting endowment fund for youth development, healthy living, and social responsibility today and for years to come.

- Don and Penny Abbott
- Kenneth and Roberta Axelson
- C. Wilkes Babb Trust
- Del and Isa Babb
- Rebecca and Deerin Babb-Brott
- Frank and Rosemary Beane
- Charlotte and Chris Beebe
- David and Theo Berez
- James and Felicity Bowditch
- Rick and Ann Bresnahan
- Jim and Michele Butler
- Larry Campbell
- Bill and Lois Jane Cross
- Troy and Jen Curtis
- Patrick Day and Bryan Ready
- Ken and Prudy Dickey
- Dan and Leslie Eaton
- Allen and Sally Fernald
- Molly Fitch
- Philip and Theresa Fowler
- Richard and Joan Foxwell
- M. Alton French Charitable Fund
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- Don Isikoff
- Ned and Edie Kyle
- Leo Laukka and Family
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- Ted and Lauren Pieri
- Charlie LeRoyer and Maria Salvaggio
- Al and Margie Margolis
- Marty Martens
- David and Ann Montgomery
- Sara Montgomery
- Wayne and Caroline Morong
- George and Jan Mueller
- Pat and Jim Nelson
- Mike and Kate Pierce
- Joe and Ginny Ryan
- John and Judy Sherman
- Ellen Simmons & Family
- Eva and Steven Smith
- Matthew and Keiko Storin
- Neale Sweet and Betsy Perry
- Nancy Watson Symington
- David and Janan Vaughn
- York McDonough Charitable Gift

# ANNUAL REPORT DEDICATION: John & Judy Sherman



This Annual Report is dedicated to the memory of John and Judy Sherman, whose lives reflected an extraordinary commitment to caring for others and strengthening our community until their recent passing.

John served faithfully on the Penobscot Bay YMCA Board of Directors and was later inducted into the Marge Jones Honor Society in recognition of his outstanding volunteer leadership. Together, John and Judy were also members of our Heritage Society, thoughtfully including the Y in their estate plans to help sustain our mission for future generations. They believed deeply in the importance of community and were among the first to support initiatives such as the Lily Pond Infant Center, recognizing the critical need for affordable, high-quality care for working families.

John and Judy's quiet generosity, thoughtful engagement, and unwavering belief in the Y left a lasting impact on our organization and our community. We are profoundly grateful for their lives, their friendship, and the enduring legacy of care they leave behind.

## A HEARTFELT THANKS TO OUR 2025 DONORS

Anonymous  
Alexander and Maud Abess  
James and Jane Adams  
Lance and Elizabeth Ahearn  
Annemarie Ahearn and Nathan Perkins  
Joseph Aiello  
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Charlton and Noni Ames  
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Denise Anderson and Ron Staschak  
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Ray and Wendy Andresen  
Ileana Appleton  
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Johanna Babb  
Rebecca and Deerin Babb-Brott  
Laura Babbitt  
Chris and Whitney Ball  
Vivian Banta  
Margaret Barclay and John Scholz  
David and Pam Bardon  
Marisa Baskin  
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Nick Battista and Meredith Mendelson  
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Joseph Curll and Hilda Livingstone  
Heather Currier Hunt  
Doug and Ferolyn Curtis  
Jim and Kathy Cuthbertson  
Clifford Dacso  
Steve and Liz Dailey  
Dabney and Margaret Daniel  
Drew Darling  
Christine Darwin  
Theresa Davis  
Joan Davisson  
Jessica Day  
Cassandra Dean  
Jessica Decke  
Heather Deese-Riordan  
Jill Delano  
Ellen DeOrsay  
Bill and Claire Deptula  
Kathy and Jack Deupree  
Jeanne DeVine  
Marilyn Doble  
Peter Doelger  
Greg Domareki and Sarah Sheldon  
Ann Donaldson  
Clark and Karen Doran  
Kate and David Doub  
Peggy and Mer Doucette  
Kathryn Dufour

Michael and Pamela Dufour  
Shirley Durkee  
Ellen Eckman  
James Elliott  
Melanie Ellsworth  
Judy Emery  
Kendra Emery and Nick Citriglia  
Nicole Emery  
Ed and Deborah Endl  
Dagney Ernest  
David and Lisa Ettinger  
Amanda Fagan  
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Jean Faustini  
Tom and Anne Harmon Fear  
Molly Fedarko  
Isabel Fernald  
Alida Field  
Shirley Fierro  
Gil and Jeanne Fifield  
Stephen Files and Mary Ellen Bruce  
Whitney Files and Marcarthur Baralla  
Abby and John Fitzgerald  
Kathryn Flanagan  
Mike and Maureen Flanagan  
Erin Flanagan and Matt Lawson  
Anna Ford and Ian Campbell  
Becky Ford  
Sally Fortin-Francis  
Philip Fowler  
Ted Fraumann and Gloria Stein  
Barbara Furman  
Brenda Garrand and David Pierson  
Jacob and Terry Gerritsen  
Christina Gilbert  
Brooks and John Giles  
John and Leslie Gilliland  
Elizabeth and John Gilmore  
Peter Giustra  
Diana Glover  
David and Melissa Gogel  
Bob and Maureen Gordon  
William Gould  
Peter Greene  
Jim Grimes  
Kim and Art Grinnell  
Samuel Grinnell  
Tyler Griswold  
Jennifer Gromada  
Lisa Gumm-Gray  
David and Sydney Hall  
Tom Hall  
Darleen Hanley

Nancy Hanna  
Paula Hannah-Mauri  
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Stephen and York-Chi Harder  
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Rick Harris  
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Ronald and Franziska Hart  
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Justine Henning  
Betsy Henry  
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Jeffrey Hjelm  
Matthew Hoggie  
Laura Hopkins  
Jennifer Houle  
Erin Hustus  
Jean Hutchins  
Dave and Cindy Hutchison  
Debra Incera  
Roger Inhorn  
Wendy Jablow  
Jeanne Jackson  
Jodie and Geoffrey James  
Stephen James and Suzanne Weaver  
Matthew and Bonnie Janicki  
Chris Jans  
Margaret and Tom Jardine  
Liz Jenkins  
Jennel Johnson-Pendleton  
Anna Jones  
Howard Jones  
Mari Jones  
William and Judith Jones  
Lizabeth Joseph  
Louis Kandl  
Ted and Susan Kanellakis  
Alan Kearl  
Ben Kimball  
Jeanne and Paul Klainer  
Cliff and Maryann Kline  
Kelsey Knight-Mohr  
Candace Kuchinski  
Stephanie and Alan Kumble  
Bruce and Marcy Kyle  
Hank and Cathy Laidlaw  
Chip and Nancy Laite  
Van Laliberte

Carol and Alan Larson  
Tom and Alexandra Laurita  
Ron and Ann Leadbetter  
Louise Leatherdale  
Lynn Leclerc  
Phoebe Lehy  
Bill and Gretchen Leone  
Ronnie Lesser  
Jan Leth  
Jan Letourneau  
Bob Levine  
Lindsay Levine  
Kathleen Lewis  
Tracy Lord-Zanca  
David and Joan Losee  
Bruce Lowry  
Cabot and Heidi Lyman  
Catherine Lyon  
Chad MacDermid and Courtney Brecht  
Beth Machlan  
Karen Macintosh  
John Manganaro  
Steve and Deb Mansfield  
Donald Mansius  
Margie Margolis  
Victoria Marshall  
Christopher Martin  
Elizabeth Martin  
Carrie Mase  
Jim and Jean Matlack  
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Keith and Carolyn May  
Jonathan and Emily McDevitt  
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Patrisha McLean  
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Shelley and Chris Mills  
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Marti Mulhern  
Michael Mulligan  
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Phillip Netzorg  
Heidi Newman

Kathleen Nixon  
Tricia and Tim O'Brien  
Courtney Oldrin  
David Olivas  
Michael and Grace Ott  
Colin Page  
Julianna Pfeiffer  
Joan and Graham Phaup  
Stanley Piecuch  
Leslie Piercy  
Ted and Lauren Pieri  
Connie Pound  
Michael Qualter  
Katja and Josh Rapaport  
Deborah Rapp  
Diana Rathbun  
William Ray  
Molly Read  
Walter Reitz  
Forest Reynolds  
Allison Richards  
John Rixon  
John Robinson  
Paul and Marty Rogers  
Donna and George Rupp  
Andrea Rutherford  
Frank Saltarelli  
Jack and Claire Sanford  
Dave and Monika Satterfield  
Peggi Savage  
Lee and Kim Scheuer  
Warren and Melody Schubert  
Beverly Scott  
Nancy Scovern  
Donna Scully  
Laura Serino  
Gayle and Tim Shaw  
Anne Shure  
Anna Sideris  
Bruce and Jane Sigsbee  
Libby and Frank Simon  
JP and Kaki Smith  
Leigh Smith  
Stephanie Smith  
Luke Snow  
Michelle Sommers  
Robert Souther  
Bill and Robin Spear  
Jory and Brenda Squibb  
Nicole St. Jean  
Timothy Standing  
Ruth Starr  
Tara Steel  
Bill and Elizabeth Stephenson  
Diane Sternberg

Piper Stiles  
Ashley and Willis Stinson  
Rich Stuart  
Neale Sweet and Betsy Perry  
John Swem and Becky Boober  
Ann Tani  
Melissa Tatham  
Letitia Taylor  
Marty and Lynne Taylor  
Susan Taylor  
Jane Thomas  
Brinkley Thorne and Mazie Cox  
Patricia Thornton  
Alesandra Thumith  
Pam Tibbetts  
Sophie Todd  
Tomm Tomlinson and Robin Cocking  
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Kenneth Waltz  
Art Warren  
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Hattie Watmough  
John and Jamie Weeks  
Bob and Wendy Weiler  
Joan Welsh  
Ken and Barbara Wexler  
Lise Wexler  
Robert Wexler  
George and Jackie Wheelwright  
Joby Whiting  
Richard Whitman  
Sumner Whittier  
Roger and Wendy Wickenden  
Richard Wiemer  
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Rufus and Susan Williams  
David and Julie Winslow  
Alison Wolverton  
Annie and Daniel Woodruff  
Dan and Heather Wyman  
Frank and Ann Yahner  
Bernadette Yalung-Almodiel  
Steve and Ronny Young  
Edward Zanca  
Alaina Zyhowski

## HONORARY GIFTS

Gifts were made in honor of the following individuals:

Meredith Laibert  
The Livestrong Program Team and Members  
Jodi Maltese  
Whitney Taylor  
Ken and Barbara Wexler  
Neale Sweet  
Michael Coleman  
Lindsay Stewart, Sweet Tree Arts  
Dr. Liz Albertson and all the Volunteer staff  
Maureen Gordon

## MEMORIAL GIFTS

Gifts were made in memory of the following individuals:

Graham Waltz  
Del Babb  
Charles Babb  
Marion Brecht  
Del Babb, who loved the Y  
William Deptula  
Gilbert Harmon  
Mab Ashforth  
Shirley Hartman  
Mr. James L. Vitas  
William Cross  
David Maxwell  
Allen Fernald  
Japheth Scott  
Ronald Kendrick Smith  
Barbara Souther

## FOUNDATIONS & TRUSTS

The A.J. Fund, Inc.  
Aldermere Foundation  
American Endowment Foundation  
The Bertuzzi Family Foundation  
Blackbaud Giving Fund  
The David S. Rocchino Family Foundation  
Essex County Community Foundation  
Jewish Community Foundation  
Leshner Family Foundation  
Messler Family Foundation  
National Christian Foundation Orlando  
Otter Island Foundation  
Renaissance Charitable Foundation  
United Midcoast Charities  
Walter M Milford Charitable Foundation  
The Winston-Salem Foundation



# BETTER TOGETHER WITH OUR COMMUNITY PARTNERS

Allen Insurance and Financial  
Ariel Hall Design  
Artisan Boatworks  
Bangor Savings Bank  
Barnes Custom Window Treatments  
Bijou Build  
Bleecker and Greer  
Buttermilk Kitchen  
Camden Coast Real Estate  
Camden Deli  
Camden Hills Dental  
Camden House of Pizza  
Camden Lions Club  
Camden National Bank  
Camden National Wealth Management  
Camden Real Estate Company  
Camden Riverhouse Hotel  
Camden Rotary  
Camden Trust Fund

CedarWorks  
Coastal Opportunities  
Cold Mountain Builders, Inc.  
Downeast Homes, Inc.  
First Congregational Church  
First National Bank  
Fisher Engineering  
Ford Enterprises Excavation  
Granite Coast Orthodontics  
Hall Funeral Home  
Hannaford Supermarkets  
Harbor Square Gallery  
Hedstrom Electric  
Hope Orchards  
L.L.Bean  
Maine Coast Construction  
Maine Coast Orthodontics  
Maine State Credit Union  
MaineHealth

MaineStay Media  
Maritime Energy  
Megunticook Medicine  
Moody Mountain Solar  
Journey's End Marina  
On the Water in Maine  
P.G. Willey & Company, Inc.  
Pen Bay Pilot  
Rockland Elks Lodge No. 1008  
Rockland Savings Bank, FSB  
Rockport Fire Department  
Rockport Steel  
Seasons Downeast Designs  
Snow Sport and Spine, INC  
St. Brendan the Navigator Parish  
United Way of Kennebec Valley  
Viking, Inc.  
West Bay Rotary

## Thank you to our SUSTAINING BUSINESS SUPPORTERS



## CHAMPION BUSINESS SUPPORTERS



# Penobscot Bay Community Health Partnerships

A program of the Penobscot Bay YMCA, our community health promotion team provides substance use prevention & nutrition education in Knox and Waldo counties. As program funding shifts, PBCHP remains committed to collaborative, evidence-based prevention work to build healthier Midcoast communities.

## Nutrition Education

We delivered SNAP-Ed programming to 1,432 community members in 2025. However, after 13 years of service, federal funding cuts ended the Knox County SNAP-Ed program on September 1. Its legacy continues through trauma-informed recipe cards given to local food pantries, the YMCA's "Help Yourself Shelf," and ongoing food access efforts. We are excited for this work to restart in 2026 through Nourish ME, a statewide nutrition program made possible by Rural Health Transformation Program funding.

## Substance Use Prevention & Tobacco Prevention

In 2025, staff implemented evidence-based curricula, strengthened tobacco-free policies, and provided substance use education and overdose response training in school and community settings. Highlights include:

- Secured United Way funding to expand harm reduction efforts in Waldo County
- Conducted 22 substance use education and Narcan overdose response trainings
- Reached 3,900 parents and teachers through monthly newsletters
- Distributed 500+ medication lock boxes and biodegradable Deterra drug disposal pouches
- Provided 400 cannabis locking bags to promote safe storage
- Hosted 2 state-certified Responsible Beverage Seller/Server trainings
- Continued Backpacks for Prevention distribution at Knox County Jail and Maine Coastal Regional Reentry Center

## Community Navigation Pilot

In partnership with the Town of Thomaston, PBCHP launched a grant-funded Community Navigation pilot to help residents access housing, food, transportation, recovery support, and essential services. Modeled after other successful programs, including the Central Lincoln County YMCA, this pilot will be evaluated for future expansion.

Jamie Lovley, LMSW – Director, Certified Prevention Specialist  
Judy Bentivegna – Tobacco Prevention Educator  
Laura Morris – Prevention Education Specialist  
Heather Devita – Community Navigator



We are so happy to receive the summer camp scholarship. It gave our 5-year-old son an incredible opportunity not only to have fun, but also to grow and build important skills like self-confidence, teamwork, and helping others. Every week was a new discovery, with trips to different places I would not have been able to organize on my own. We are so proud to be part of the Y family. Thank you so much for an amazing summer! – Oksana S., camp parent



The swim program at the Penobscot Bay YMCA has been incredible for my daughter, who has unique learning and developmental needs. Through the Supported Swimmers program, Riley was met with patience and kindness, helping her build skills and confidence. This winter on vacation, we were amazed to see her happily jumping in the water and swimming without hesitation—something unimaginable a year ago. We're so grateful for this program and thrilled to be part of it." — Kate B., swim lesson parent

I've been attending yoga at the YMCA for several years and look forward to it each week. It's my time to focus on my breathing, stretch, and reconnect with my body. Missing a few weeks reminds me just how much I need this weekly hour." — Caitlin C., YMCA member



## CAUSE DRIVEN LEADER AWARDS

### Youth Development Award

Myra Brooks

### Healthy Living Award

Dan Seefahrt

### Social Responsibility Award

Michelle Perry

### Rising Star Award

Beth Machlan

### Employee of the Year

Della Weeks

## YEARS OF SERVICE AWARDS

### 5 Years

Tracey Bartlett

Jamie Noonan

Beverly Roman

Laura Zell

### 10 Years

Benjie Blake

### 30 Years

Sandy Bodamer

I participated in the 2025 Penobscot Bay YMCA LIVESTRONG program and am so grateful I joined. Although I don't usually enjoy group settings, I felt welcomed and supported right away. Being surrounded by others facing life-changing diagnoses reminded me I wasn't alone. The program helped me grow stronger physically and emotionally, and I left feeling inspired, stronger, and full of hope." — Gail M., LIVESTRONG participant

We love it! The senior strength class creates the perfect foundation for moving into the advanced senior strength class. The classes are supportive, non-judgmental, and a great place to build friendships and socialize. Both instructors provide high-quality sessions that truly respect older adults. It's an extraordinary experience for seniors. Everything you read says we should stay active, spend time outside, and stay connected, and the Y brings all of that together in one place." — Ann D. & Christina V., Active Older Adult members

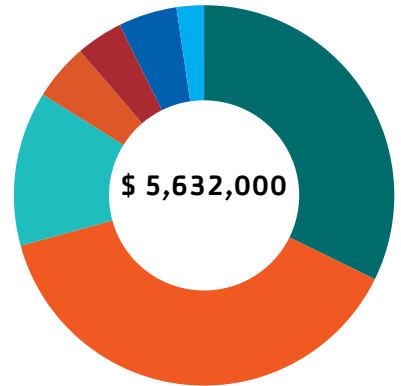


# 2025 FINANCIAL SUMMARY

At the Y, every dollar invested is a reflection of our community coming together to care for one another. The impact we make is only possible through the generosity of our donors and partners, whose support fuels our mission. Together, we ensure that children, families, and individuals have access to the resources they need to stay healthy, supported, and connected.

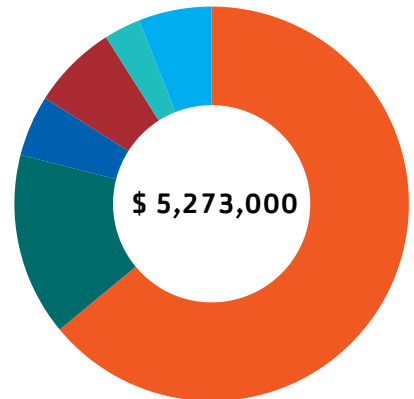
## REVENUE

Membership	\$1,825,000
Programs	\$2,176,000
Fundraising	\$ 744,000
Grants - Outreach	\$ 272,000
Investment Income	\$ 208,000
Investment Gain (loss)	\$ 275,000
Other	\$ 132,000



## EXPENSE

Salaries & Benefits	\$3,371,000
Occupancy	\$ 778,000
Grant Costs - Outreach	\$ 272,000
Depreciation	\$ 356,000
Supplies	\$ 154,000
Other	\$ 342,000
Net Surplus (Deficit)	\$ 359,000



# Celebrating Together in 2025

## Family Fun Fridays

Our free YMCA open house welcomed members and friends for an afternoon of seasonal activities and all-ages fun. Families enjoyed swimming, rock climbing, bounce house play, gaga ball, basketball, games, crafts, healthy snacks, and plenty of pizza—creating a lively, welcoming space for connection and community.

## Boogie for the Babes Benefit Concert

We danced, boogied, and came together for the babes, a high-energy night supporting our infant and toddler care programs. With great music, big energy, and an incredible community turnout, the event raised both funds and awareness for this vital work. It was a joyful evening powered by even bigger hearts.

## Monster Mash Open House

We loved welcoming families, kids, volunteers, and community members to this free Halloween celebration filled with costumes, laughter, and festive fun. Every corner of the Y was alive with spooky spirit and community energy as everyone came together for a morning of playful, seasonal celebration.

## Turkey Trot 5K Road Race

A record-breaking 474 runners, walkers, and waddlers joined us for this post-Thanksgiving 5K. This year we brought back the costume contest, adding an extra layer of fun, creativity, and laughter as participants showed off their most festive looks while participating in this joyful community tradition.



“We’ve been part of the Penobscot Bay YMCA childcare community since our son was one year old, and over the past two years, he has flourished in every classroom. The staff’s thoughtful care and dedication to his growth and development have made a lasting impact on him and our family. We are so grateful for the nurturing environment they provide every day.” — Blakeley K., parent

**175** YEAR  
ANNIVERSARY



# NO PLACE



## Like *This Place*

2026 marks the 175th anniversary that the YMCA has been operating in the United States. Collectively known as the Movement, YMCAs throughout the country have been helping people and communities learn, grow, and thrive since 1851.

Penobscot Bay YMCA • 116 Union Street • Rockport, Maine 04856 • 207.236.3375  
Rockland Harbor YMCA • 12 Water Street • Rockland, Maine 04841 • 207.593.8500  
[www.penbayymca.org](http://www.penbayymca.org)