



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# YOUTH SPORTS & PLAY

SPRING 1 SESSION: FEBRUARY 23-APRIL 18

Member Registration: February 16  
Non-member Registration: February 19

## MIDDLE SCHOOL & HIGH SCHOOL GIRLS PICK-UP VOLLEYBALL

Grades 7-12

Do you love Volleyball? Are you a beginner looking to start? Then this time is for you. This will be an open play style where we will make teams and play some pick up games. This is designed to be a fun opportunity to learn to play the game and improve your skills. Good sportsmanship and a sense of fun are both pre-requisites here!

**Thursdays 5:00pm-6:30pm**

**Cost : Free to Members / \$10 drop in fee for  
Non-members**

## ELEMENTARY CLIMB

**Elementary: grades 2-5 No experience needed**

Kids will learn the fundamentals of rock climbing in a fun and supportive environment. Participants build confidence while learning movement skills, climbing safety, terminology, and basic belaying concepts. Each class features warm-ups, games, and plenty of supervised climbing time.

**environment.**

**Wednesdays 3:45pm-4:45pm**

**Cost: \$40 Members / \$55 Participants**

**Instructor: Brandon Gibbons**

**Max 8 participants**

## MIDDLE SCHOOL PICKLEBALL

Grades 5-8

Students will learn the fundamentals of pickleball in a fun, upbeat, and supportive environment. Participants build confidence while developing core skills such as serving, rallying, dinking, footwork, and basic doubles strategy. Each class features warm-ups, skill-building drills, creative games, and plenty of supervised match play to keep players moving and engaged.

**Tuesdays 4:30pm-5:30pm**

**Cost: \$30 Members / \$45 Participants**

## KIDS NIGHT OUT

Grades K-5

Drop off your kids at the Y for an evening of fun - and some time off for parents! We'll have pizza, crafts, and lots of fun and games in our gym, including a bouncy house!

**Friday, March 6 5:00-8:00pm**

**Friday, April 3 5:00-8:00pm**

**Cost: \$30 Members / \$45 Participants**

**SCAN QR TO REGISTER**

**Please note: schedule may change.**



# FAMILY FUN FRIDAY! WINTER OLYMPICS - THEMED FUN

- Silly "Olympic" games
- Family swim
- Rock climbing
- Play gym
- Gaga snowball pit
- Bouncy house
- Pizza & more!



**Registration encouraged!**