Main Pool Schedule
Penobscot Bay YMCA February 16-21, 2026/VACA WEEK

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:45 AM	Lap (7) Open (1) 5:45-8am	Lap (7) Open (1) 5:45-7am	Lap (7) Open (1) 5:45-4pm	Lap (7) Open (1) 5:45-8am	Lap (7) Open (1) 5:45-7am	CLOSED
6:00 AM						
6:30 AM						
7:00 AM		Masters (4) Lap (3) Open (1) 7-8am			Masters (4) Lap (3) Open (1) 7-8am	
7:30 AM						
8:00 AM	Swim Team (3) Lap (4) Open (1) 8-9am	Lap (7) Open (1) 8-4pm		Swim Team (3) Lap (4) Open (1) 8-9am	Lap (7) Open (1) 8-4pm	Lap (7) Open (1) 8-1pm
8:30 AM						
9:00 AM	Lap (7) Open (1) 9-4pm			Lap (7) Open (1) 9-4pm		
9:30 AM						
10:00 AM						
10:30 AM						
11:00 AM						
11:30 AM						
12:00 PM						
12:30 PM						
1:00 PM						CLOSED
1:30 PM						
2:00 PM						
2:30 PM						
3:00 PM						
3:30 PM						
4:00 PM	Swim Team (8) 4-6:30pm	Swim Team (8) 4-6:30pm	Swim Team (8) 4-6:30pm	Swim Team (8) 4-6:30pm	Swim Team (8) 4-6:30pm	
4:30 PM						
5:00 PM						
5:30 PM						
6:00 PM						
6:30 PM	Swim Team (6) Lap (1) Open (1) 6:30-7:15pm	Swim Team (6) Lap (1) Open (1) 6:30-7:15pm	Swim Team (6) Lap (1) Open (1) 6:30-7:15pm	Swim Team (6) Lap (1) Open (1) 6:30-7:15pm	Swim Team (6) Lap (1) Open (1) 6:30-7:15pm	
7:00 PM						
7:15 PM						

Circle Swimming
Circle swim is used when three or more swimmers are in one lap lane. To avoid injury please let other swimmers know when entering the lane.

Legend:
- Swim Team
- Water Exercise
- Lap Swim / Open Swim
- Swim Lessons
- Masters
- Reserved

Pool Schedule is subject to change without notice based on programming needs

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Therapy Pool Schedule
Penobscot Bay YMCA February 16-21, 2026

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:45 AM	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
6:00 AM						
6:30 AM						
7:00 AM						
7:30 AM						
8:00 AM						
8:30 AM						
9:00 AM	Swim Lessons 9-12pm		Swim Lessons 9-12pm			
9:30 AM						
10:00 AM						
10:30 AM						Open Swim 10:30-1pm
11:00 AM		Open Swim 11-1pm		Open Swim 11-1pm		
11:30 AM						
12:00 PM	Open Swim 12-5:30pm		Closed Programming 12-3pm		Open Swim 12-1pm	
12:30 PM						
1:00 PM		Reserved 1-2		Reserved 1-2	Reserved 1-2	
1:30 PM						
2:00 PM		Closed		Closed	Closed Programming 2-4pm	
2:30 PM						Closed
3:00 PM		Open Swim 3-5:30	Open 3-7:15pm	Open Swim 3-7:15		
3:30 PM	Open Swim 3-5:30					
4:00 PM					Open Swim 4-7:15	
4:30 PM						
5:00 PM						
5:30 PM	Closed	Closed				
6:00 PM						
6:30 PM	Open Swim 6-7:15					
7:00 PM						
7:15 PM						

Legend:
- Water Exercise
- Adult Swim
- Swim Lessons
- Open Swim
- Reserved Programming

Pool Schedule is subject to change without notice based on programming needs