



LIFEGUARD

ARE YOU WHISTLE WORTHY?

LIFEGUARD TRAINING & HIRING

AMERICAN RED CROSS LIFEGUARDING COURSE NEXT LIFEGUARD CLASS AT PEN BAY YMCA: JULY 21-27

Class Times:

- Friday, 7/21: 4:30-8PM
- Saturday, 7/22: 9AM-4:30PM
- Monday, 7/24: 4:30-8PM
- Tuesday, 7/25: 4:30-8 PM
- Wednesday, 7/26: 4:30-8PM
- Thursday, 7/27: 4:30-8PM

Required:

- Must be at least 15 years old
- Able to complete a 300 yard swim with face in water
- Other necessary skills: treading water and swimming with a brick

Fee: \$285/person*

*YMCA employees can take the class for reduced cost. New staff can gain reimbursement by working as a guard at PBYMCA. Y Lifeguards receive a free Y membership.

WWW.PENBAYYMCA.ORG

SERVE YOUR COMMUNITY



FREE Y MEMBERSHIP

For further details or to inquire about job opportunities please call Mike Frier or email the Aquatics Department at:

236.3375, ext. 221
mfrier@penbayymca.org

SIGN UP TODAY! DEADLINE: JULY 14