

HEALTHY KIDS DAY

SATURDAY, APRIL 29



9:00 AM - NOON • ROCKLAND COMMUNITY CENTER
FREE TO THE COMMUNITY!

ACTIVITIES INCLUDE:

- Bouncy Houses
- Face Painting
- Art Workshops
- Animal Shelter
- Bike & Helmet Safety
- Summer Camp Information
- Car Seat Checks (9:00 AM-Noon)
- Story Time (10:00-11:00 AM)
- Music Together (11:00 AM)
- Healthy Smoothies
- Finger Printing
- Gardening
- Gymnastics
- Gym Games
- Dental Health
- Giveaways!



CHARGE INT SUMMER!

Rockland Harbor YMCA
593.8500
penbayymca.org

COMMUNITY PARTNERS:

5-2-1-0 *Let's Go!* • Granite Coast Orthodontics • Home Depot • North Atlantic
Gymnastics Academy • PAWS • Pope Memorial Humane Society of Knox County
Raising Readers • Rockland Public Library • Rockland Fire Department
Rockland Police Department • Rockland Savings Bank • Sidecountry Sports