



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# STRONGER TOGETHER

## ANNUAL SUPPORT CAMPAIGN

"The Rockland Farmer's Market Kids Club promotes youth development in a fun and interactive way to help kids learn about the importance of healthy eating and being active. The kids love exploring new foods in our taste challenge, participating in fun physical exercises, and learning about local agriculture with our weekly "Ask a Farmer" activity."

- Phoebe, Rockland Harbor YMCA Staff

**» GIVE ONLINE TODAY!**  
[www.penbayymca.org](http://www.penbayymca.org)

**PENOBSCOT BAY YMCA**  
**207.236.3375**